



February 16 2017 • 03:14 PM • www.tfrrs.org

## UNC-Greensboro

### Men's Performances

#### 100m

ATHLETE	YEAR	TIME	MEET	MEET DATE	WIND
Beane, Jeffrey	FR-1	11.96	Southern Conference Outdoor Championship 2015	04/25/15	0.5
Beane, Jeffrey	FR-1	11.96	Southern Conference Outdoor Championship 2015	04/25/15	0.5
Beane, Jeffrey	FR-1	12.17	UNCW Seahawk Invitational	03/14/15	1.6
Beane, Jeffrey	FR-1	12.17	UNCW Seahawk Invitational	03/14/15	1.6
Beane, Jeffrey	FR-1	12.18	Terrier Relays	04/04/15	-0.1
Beane, Jeffrey	FR-1	12.18	Terrier Relays	04/04/15	-0.1
Beane, Jeffrey	FR-1	12.24	Wake Forest Open	03/20/15	0.3
Beane, Jeffrey	FR-1	12.24	Wake Forest Open	03/20/15	0.3
Peterkin, Rashad	JR-3	12.77	Terrier Relays	04/04/15	-0.5
Peterkin, Rashad	JR-3	12.77	Terrier Relays	04/04/15	-0.5
Peterkin, Rashad	JR-3	12.84	Wake Forest Open	03/20/15	0.3
Peterkin, Rashad	JR-3	12.84	Wake Forest Open	03/20/15	0.3
Peterkin, Rashad	JR-3	12.98	UNCW Seahawk Invitational	03/14/15	1.6
Peterkin, Rashad	JR-3	12.98	UNCW Seahawk Invitational	03/14/15	1.6

#### 200m

ATHLETE	YEAR	TIME	MEET	MEET DATE	WIND
Hodge, Jonathan	SO-2	23.61	Coach O Coastal Carolina Invitational	03/13/15	1.8
Hodge, Jonathan	SO-2	23.61	Coach O Coastal Carolina Invitational	03/13/15	1.8
Elwood, John	JR-3	24.05	Coach O Coastal Carolina Invitational	03/13/15	1.7
Elwood, John	JR-3	24.05	Coach O Coastal Carolina Invitational	03/13/15	1.7
Maness, John	SR-4	27.67	Southern Conference Outdoor Championship 2015	04/25/15	1.2
Maness, John	SR-4	27.67	Southern Conference Outdoor Championship 2015	04/25/15	1.2
Maness, John	SR-4	28.05	UNCW Seahawk Invitational	03/14/15	0.5
Maness, John	SR-4	28.05	UNCW Seahawk Invitational	03/14/15	0.5
Maness, John	SR-4	28.07	Wake Forest Open	03/20/15	0.6
Maness, John	SR-4	28.07	Wake Forest Open	03/20/15	0.6
Ramsey, Andrew	JR-3	30.02	Coach O Coastal Carolina Invitational	03/13/15	1.7
Ramsey, Andrew	JR-3	30.02	Coach O Coastal Carolina Invitational	03/13/15	1.7
Ramsey, Andrew	JR-3	30.79	UNCW Seahawk Invitational	03/14/15	0.5
Ramsey, Andrew	JR-3	30.79	UNCW Seahawk Invitational	03/14/15	0.5

#### 400m

ATHLETE	YEAR	TIME	MEET	MEET DATE
Hodge, Jonathan	SO-2	50.92	Raleigh Relays	03/27/15
Hodge, Jonathan	SO-2	50.92	Raleigh Relays	03/27/15
Hodge, Jonathan	SO-2	51.36	Wake Forest Open	03/20/15
Hodge, Jonathan	SO-2	51.36	Wake Forest Open	03/20/15
Elwood, John	JR-3	52.48	Terrier Relays	04/04/15
Elwood, John	JR-3	52.48	Terrier Relays	04/04/15
Elwood, John	JR-3	52.54	Raleigh Relays	03/27/15
Elwood, John	JR-3	52.54	Raleigh Relays	03/27/15
Hodge, Jonathan	SO-2	52.65	UNCW Seahawk Invitational	03/14/15
Hodge, Jonathan	SO-2	52.65	UNCW Seahawk Invitational	03/14/15
Elwood, John	JR-3	53.09	Wake Forest Open	03/20/15
Elwood, John	JR-3	53.09	Wake Forest Open	03/20/15
Elwood, John	JR-3	53.25	UNCW Seahawk Invitational	03/14/15
Elwood, John	JR-3	53.25	UNCW Seahawk Invitational	03/14/15
Crawford, Josh	JR-3	54.54	Wake Forest Open	03/20/15
Crawford, Josh	JR-3	54.54	Wake Forest Open	03/20/15
Shipp, Dakarai	SO-2	55.02	Terrier Relays	04/04/15
Shipp, Dakarai	SO-2	55.02	Terrier Relays	04/04/15
Shipp, Dakarai	SO-2	55.64	Wake Forest Open	03/20/15

Shipp, Dakarai	SO-2	55.64	Wake Forest Open	03/20/15
Barber, Jason	SO-2	56.41	Wake Forest Open	03/20/15
Barber, Jason	SO-2	56.41	Wake Forest Open	03/20/15
Barber, Jason	SO-2	57.23	Terrier Relays	04/04/15
Barber, Jason	SO-2	57.23	Terrier Relays	04/04/15
Tecele, Robel	FR-1	57.28	Terrier Relays	04/04/15
Tecele, Robel	FR-1	57.28	Terrier Relays	04/04/15
Shipp, Dakarai	SO-2	57.33	Coach O Coastal Carolina Invitational	03/13/15
Shipp, Dakarai	SO-2	57.33	Coach O Coastal Carolina Invitational	03/13/15
Sumerford, Luke	FR-1	58.10	Terrier Relays	04/04/15
Sumerford, Luke	FR-1	58.10	Terrier Relays	04/04/15
O'Grady, Patrick	SO-2	1:04.22	Terrier Relays	04/04/15
O'Grady, Patrick	SO-2	1:04.22	Terrier Relays	04/04/15
Ramsey, Andrew	JR-3	1:05.51	Wake Forest Open	03/20/15
Ramsey, Andrew	JR-3	1:05.51	Wake Forest Open	03/20/15
Ramsey, Andrew	JR-3	1:07.46	Southern Conference Outdoor Championship 2015	04/25/15
Ramsey, Andrew	JR-3	1:07.46	Southern Conference Outdoor Championship 2015	04/25/15

## 800m

ATHLETE	YEAR	TIME	MEET	MEET DATE
Hodge, Jonathan	SO-2	1:54.88	Southern Conference Outdoor Championship 2015	04/25/15
Hodge, Jonathan	SO-2	1:54.88	Southern Conference Outdoor Championship 2015	04/25/15
Whyms, Bryan	FR-1	1:56.41	2015 Aggie Invitational	04/11/15
Whyms, Bryan	FR-1	1:56.41	2015 Aggie Invitational	04/11/15
Hodge, Jonathan	SO-2	1:56.87	Duke Twilight	05/06/15
Hodge, Jonathan	SO-2	1:56.87	Duke Twilight	05/06/15
Hodge, Jonathan	SO-2	1:58.15	Wake Forest Open	03/20/15
Hodge, Jonathan	SO-2	1:58.15	Wake Forest Open	03/20/15
Elwood, John	JR-3	1:58.61	Southern Conference Outdoor Championship 2015	04/25/15
Elwood, John	JR-3	1:58.61	Southern Conference Outdoor Championship 2015	04/25/15
Elwood, John	JR-3	1:58.79	Wake Forest Open	03/20/15
Elwood, John	JR-3	1:58.79	Wake Forest Open	03/20/15
Elwood, John	JR-3	1:58.79	Duke Twilight	05/06/15
Elwood, John	JR-3	1:58.79	Duke Twilight	05/06/15
Whyms, Bryan	FR-1	1:59.24	Southern Conference Outdoor Championship 2015	04/25/15
Whyms, Bryan	FR-1	1:59.24	Southern Conference Outdoor Championship 2015	04/25/15
Guthrie, David	SO-2	1:59.63	2015 Aggie Invitational	04/11/15
Guthrie, David	SO-2	1:59.63	2015 Aggie Invitational	04/11/15
Elwood, John	JR-3	1:59.73	2015 Aggie Invitational	04/11/15
Elwood, John	JR-3	1:59.73	2015 Aggie Invitational	04/11/15
Hodge, Jonathan	SO-2	1:59.87	2015 Aggie Invitational	04/11/15
Hodge, Jonathan	SO-2	1:59.87	2015 Aggie Invitational	04/11/15
Whyms, Bryan	FR-1	2:00.16	UNCW Seahawk Invitational	03/14/15
Whyms, Bryan	FR-1	2:00.16	UNCW Seahawk Invitational	03/14/15
Guthrie, David	SO-2	2:01.39	UNCW Seahawk Invitational	03/14/15
Guthrie, David	SO-2	2:01.39	UNCW Seahawk Invitational	03/14/15
Tecele, Robel	FR-1	2:04.12	Coach O Coastal Carolina Invitational	03/13/15
Tecele, Robel	FR-1	2:04.12	Coach O Coastal Carolina Invitational	03/13/15
Murphy, Chris	JR-3	2:04.22	UNCW Seahawk Invitational	03/14/15
Murphy, Chris	JR-3	2:04.22	UNCW Seahawk Invitational	03/14/15
Guthrie, David	SO-2	2:07.15	Southern Conference Outdoor Championship 2015	04/25/15
Guthrie, David	SO-2	2:07.15	Southern Conference Outdoor Championship 2015	04/25/15
Sumerford, Luke	FR-1	2:08.18	Coach O Coastal Carolina Invitational	03/13/15
Sumerford, Luke	FR-1	2:08.18	Coach O Coastal Carolina Invitational	03/13/15
King, Brandon	FR-1	2:08.76	UNCW Seahawk Invitational	03/14/15
King, Brandon	FR-1	2:08.76	UNCW Seahawk Invitational	03/14/15
O'Grady, Patrick	SO-2	2:09.29	Coach O Coastal Carolina Invitational	03/13/15
O'Grady, Patrick	SO-2	2:09.29	Coach O Coastal Carolina Invitational	03/13/15

## 1500m

ATHLETE	YEAR	TIME	MEET	MEET DATE
Whyms, Bryan	FR-1	3:59.07	Raleigh Relays	03/27/15
Whyms, Bryan	FR-1	3:59.07	Raleigh Relays	03/27/15
Shipp, Dakarai	SO-2	4:03.97	Southern Conference Outdoor Championship 2015	04/25/15
Shipp, Dakarai	SO-2	4:03.97	Southern Conference Outdoor Championship 2015	04/25/15
Whyms, Bryan	FR-1	4:04.22	Southern Conference Outdoor Championship 2015	04/25/15
Whyms, Bryan	FR-1	4:04.22	Southern Conference Outdoor Championship 2015	04/25/15
Shipp, Dakarai	SO-2	4:06.18	Duke Twilight	05/06/15
Shipp, Dakarai	SO-2	4:06.18	Duke Twilight	05/06/15
Sumerford, Luke	FR-1	4:06.50	Wake Forest Open	03/20/15
Sumerford, Luke	FR-1	4:06.50	Wake Forest Open	03/20/15
Crawford, Josh	JR-3	4:07.78	Raleigh Relays	03/27/15
Crawford, Josh	JR-3	4:07.78	Raleigh Relays	03/27/15
Shipp, Dakarai	SO-2	4:08.29	UNCW Seahawk Invitational	03/14/15
Shipp, Dakarai	SO-2	4:08.29	UNCW Seahawk Invitational	03/14/15

Sumerford, Luke	FR-1	4:08.80	Duke Twilight	05/06/15
Sumerford, Luke	FR-1	4:08.80	Duke Twilight	05/06/15
Guthrie, David	SO-2	4:10.11	Southern Conference Outdoor Championship 2015	04/25/15
Guthrie, David	SO-2	4:10.11	Southern Conference Outdoor Championship 2015	04/25/15
O'Grady, Patrick	SO-2	4:11.87	Wake Forest Open	03/20/15
O'Grady, Patrick	SO-2	4:11.87	Wake Forest Open	03/20/15
Teclé, Robel	FR-1	4:12.90	UNCW Seahawk Invitational	03/14/15
Teclé, Robel	FR-1	4:12.90	UNCW Seahawk Invitational	03/14/15
O'Grady, Patrick	SO-2	4:13.47	UNCW Seahawk Invitational	03/14/15
O'Grady, Patrick	SO-2	4:13.47	UNCW Seahawk Invitational	03/14/15
Teclé, Robel	FR-1	4:15.52	Wake Forest Open	03/20/15
Teclé, Robel	FR-1	4:15.52	Wake Forest Open	03/20/15
Sumerford, Luke	FR-1	4:18.53	UNCW Seahawk Invitational	03/14/15
Sumerford, Luke	FR-1	4:18.53	UNCW Seahawk Invitational	03/14/15

## 3000m

ATHLETE	YEAR	TIME	MEET	MEET DATE
Whyms, Bryan	FR-1	8:57.96	Wake Forest Open	03/20/15
Whyms, Bryan	FR-1	8:57.96	Wake Forest Open	03/20/15
Shipp, Dakarai	SO-2	9:07.32	Wake Forest Open	03/20/15
Shipp, Dakarai	SO-2	9:07.32	Wake Forest Open	03/20/15
Guthrie, David	SO-2	9:12.19	Wake Forest Open	03/20/15
Guthrie, David	SO-2	9:12.19	Wake Forest Open	03/20/15
King, Brandon	FR-1	9:19.65	Wake Forest Open	03/20/15
King, Brandon	FR-1	9:19.65	Wake Forest Open	03/20/15

## 5000m

ATHLETE	YEAR	TIME	MEET	MEET DATE
Sumerford, Luke	FR-1	15:48.67	High Point VertKlasse	04/03/15
Sumerford, Luke	FR-1	15:48.67	High Point VertKlasse	04/03/15
King, Brandon	FR-1	15:58.14	Southern Conference Outdoor Championship 2015	04/25/15
King, Brandon	FR-1	15:58.14	Southern Conference Outdoor Championship 2015	04/25/15
Shipp, Dakarai	SO-2	16:09.28	High Point VertKlasse	04/03/15
Shipp, Dakarai	SO-2	16:09.28	High Point VertKlasse	04/03/15
Teclé, Robel	FR-1	16:25.60	High Point VertKlasse	04/03/15
Teclé, Robel	FR-1	16:25.60	High Point VertKlasse	04/03/15

## 10,000m

ATHLETE	YEAR	TIME	MEET	MEET DATE
Sumerford, Luke	FR-1	32:25.99	Southern Conference Outdoor Championship 2015	04/25/15
Sumerford, Luke	FR-1	32:25.99	Southern Conference Outdoor Championship 2015	04/25/15
O'Grady, Patrick	SO-2	33:24.16	Southern Conference Outdoor Championship 2015	04/25/15
O'Grady, Patrick	SO-2	33:24.16	Southern Conference Outdoor Championship 2015	04/25/15

## 4 x 400 Relay

TIME	MEET	MEET DATE
3:27.40	Southern Conference Outdoor Championship 2015	04/25/15
3:27.40	Southern Conference Outdoor Championship 2015	04/25/15
3:44.61	Raleigh Relays	03/27/15
3:44.61	Raleigh Relays	03/27/15
3:54.69	Raleigh Relays	03/27/15
3:54.69	Raleigh Relays	03/27/15

## 4 x 800 Relay

TIME	MEET	MEET DATE
8:19.65	Terrier Relays	04/04/15
8:19.65	Terrier Relays	04/04/15
8:20.24	Coach O Coastal Carolina Invitational	03/13/15
8:20.24	Coach O Coastal Carolina Invitational	03/13/15
8:21.64	Coach O Coastal Carolina Invitational	03/13/15
8:21.64	Coach O Coastal Carolina Invitational	03/13/15
8:26.75	Raleigh Relays	03/27/15
8:26.75	Raleigh Relays	03/27/15
8:40.20	Terrier Relays	04/04/15
8:40.20	Terrier Relays	04/04/15
8:46.93	Raleigh Relays	03/27/15

8:46.93

Raleigh Relays

03/27/15

### 4 x 1500 Relay

**TIME**

**MEET**

**MEET DATE**

17:28.65  
17:28.65

Raleigh Relays  
Raleigh Relays

03/27/15  
03/27/15

### Distance Medley

**TIME**

**MEET**

**MEET DATE**

10:54.48  
10:54.48

Terrier Relays  
Terrier Relays

04/04/15  
04/04/15