

## Report - M Cross Country 2013-2014

### 8,000 Meter Run

Name	Class	School	Date	Site	Time
Paul Chelimo	Sr.	UNC Greensboro	10/19/2013	NCAA Pre-National Invitational - Terre Haute, Ind.	24:13.25
Paul Chelimo	Sr.	UNC Greensboro	11/02/2013	Southern Conference Championships - Birmingham, Ala.	24:19.72
Paul Katam	Jr.	UNC Greensboro	11/02/2013	Southern Conference Championships - Birmingham, Ala.	24:34.52
Paul Katam	Jr.	UNC Greensboro	10/19/2013	NCAA Pre-National Invitational - Terre Haute, Ind.	24:37.83
Abraham Kemboi	Sr.	UNC Greensboro	09/28/2013	Panorama Farms Invitational - Charlottesville, Va.	25:13.30
Dylan Belles	Jr.	UNC Greensboro	11/02/2013	Southern Conference Championships - Birmingham, Ala.	25:24.88
Dylan Belles	Jr.	UNC Greensboro	09/28/2013	Panorama Farms Invitational - Charlottesville, Va.	25:25.70
Dylan Belles	Jr.	UNC Greensboro	10/19/2013	NCAA Pre-National Invitational - Terre Haute, Ind.	25:33.78
Abraham Kemboi	Sr.	UNC Greensboro	10/19/2013	NCAA Pre-National Invitational - Terre Haute, Ind.	25:33.78
Joshua Crawford	So.	UNC Greensboro	09/28/2013	Panorama Farms Invitational - Charlottesville, Va.	25:57.20
Abraham Kemboi	Sr.	UNC Greensboro	11/02/2013	Southern Conference Championships - Birmingham, Ala.	25:58.92
Abraham Kemboi	Sr.	UNC Greensboro	09/14/2013	Elon Invitational - Burlington, N.C.	25:59.00
Dylan Belles	Jr.	UNC Greensboro	09/14/2013	Elon Invitational - Burlington, N.C.	26:06.00
Joshua Crawford	So.	UNC Greensboro	09/14/2013	Elon Invitational - Burlington, N.C.	26:11.00
Tyron Alston	Sr.	UNC Greensboro	10/19/2013	NCAA Pre-National Invitational - Terre Haute, Ind.	26:29.19
Tyron Alston	Sr.	UNC Greensboro	09/28/2013	Panorama Farms Invitational - Charlottesville, Va.	26:30.90
Tyron Alston	Sr.	UNC Greensboro	11/02/2013	Southern Conference Championships - Birmingham, Ala.	26:35.82
Brandon Cain	Jr.	UNC Greensboro	09/28/2013	Panorama Farms Invitational - Charlottesville, Va.	26:46.80
Brandon Cain	Jr.	UNC Greensboro	11/02/2013	Southern Conference Championships - Birmingham, Ala.	26:53.87
Brandon Cain	Jr.	UNC Greensboro	09/14/2013	Elon Invitational - Burlington, N.C.	26:57.00
Joshua Crawford	So.	UNC Greensboro	11/02/2013	Southern Conference Championships - Birmingham, Ala.	27:00.74
Patrick O'Grady	Fr.	UNC Greensboro	09/28/2013	Panorama Farms Invitational - Charlottesville, Va.	27:03.80

Brandon Cain	Jr.	UNC Greensboro	10/19/2013	NCAA Pre-National Invitational - Terre Haute, Ind.	27:04.22
Tyron Alston	Sr.	UNC Greensboro	09/14/2013	Elon Invitational - Burlington, N.C.	27:07.00
Max Berstrom	Fr.	UNC Greensboro	09/28/2013	Panorama Farms Invitational - Charlottesville, Va.	27:07.10
Max Berstrom	Fr.	UNC Greensboro	11/02/2013	Southern Conference Championships - Birmingham, Ala.	27:13.21
Max Berstrom	Fr.	UNC Greensboro	09/14/2013	Elon Invitational - Burlington, N.C.	27:18.00
Eric Williams	Jr.	UNC Greensboro	11/02/2013	Southern Conference Championships - Birmingham, Ala.	27:21.11
Christopher Murphy	RFr.	UNC Greensboro	09/14/2013	Elon Invitational - Burlington, N.C.	27:22.00
Joshua Crawford	So.	UNC Greensboro	10/19/2013	NCAA Pre-National Invitational - Terre Haute, Ind.	27:24.82
Jason Barber	Fr.	UNC Greensboro	09/28/2013	Panorama Farms Invitational - Charlottesville, Va.	27:35.10
Jason Barber	Fr.	UNC Greensboro	09/14/2013	Elon Invitational - Burlington, N.C.	27:37.00
Dakarai Shipp	Fr.	UNC Greensboro	10/11/2013	Royals Cross Country Challenge - Charlotte, N.C.	27:38.50
JT Booker	Fr.	UNC Greensboro	09/28/2013	Charlotte Invitational - Charlotte, N.C.	27:39.30
Patrick O'Grady	Fr.	UNC Greensboro	09/14/2013	Elon Invitational - Burlington, N.C.	27:48.00
Max Chandler	Fr.	UNC Greensboro	10/11/2013	Royals Cross Country Challenge - Charlotte, N.C.	27:48.90
JT Booker	Fr.	UNC Greensboro	10/11/2013	Royals Cross Country Challenge - Charlotte, N.C.	27:59.30
David Guthrie	Fr.	UNC Greensboro	10/11/2013	Royals Cross Country Challenge - Charlotte, N.C.	28:01.40
JT Booker	Fr.	UNC Greensboro	09/14/2013	Elon Invitational - Burlington, N.C.	28:06.00
Dakarai Shipp	Fr.	UNC Greensboro	09/14/2013	Elon Invitational - Burlington, N.C.	28:13.00
David Guthrie	Fr.	UNC Greensboro	09/28/2013	Charlotte Invitational - Charlotte, N.C.	28:18.00
Max Chandler	Fr.	UNC Greensboro	09/28/2013	Charlotte Invitational - Charlotte, N.C.	28:18.90
Dakarai Shipp	Fr.	UNC Greensboro	09/28/2013	Charlotte Invitational - Charlotte, N.C.	28:22.70
Max Chandler	Fr.	UNC Greensboro	09/14/2013	Elon Invitational - Burlington, N.C.	28:31.00
David Guthrie	Fr.	UNC Greensboro	09/14/2013	Elon Invitational - Burlington, N.C.	28:33.00
John Elwood	So.	UNC Greensboro	10/11/2013	Royals Cross Country Challenge - Charlotte, N.C.	29:10.50
John Elwood	So.	UNC Greensboro	09/14/2013	Elon Invitational - Burlington, N.C.	29:47.00
Jonathan Hodge	Fr.	UNC Greensboro	09/14/2013	Elon Invitational - Burlington, N.C.	31:09.00

## 10,000 Meter Run

Name	Class	School	Date	Site	Time
Paul Chelimo	Sr.	UNC Greensboro	11/15/2013	NCAA Regional - Charlottesville, Va.	28:37.30
Paul Katam	Jr.	UNC Greensboro	11/15/2013	NCAA Regional - Charlottesville, Va.	29:00.90
Dylan Belles	Jr.	UNC Greensboro	11/15/2013	NCAA Regional - Charlottesville, Va.	30:31.00
Abraham Kemboi	Sr.	UNC Greensboro	11/15/2013	NCAA Regional - Charlottesville, Va.	30:52.40
Paul Chelimo	Sr.	UNC Greensboro	11/23/2013	NCAA National Championships - Terre Haute, Ind.	31:10.00
Paul Katam	Jr.	UNC Greensboro	11/23/2013	NCAA National Championships - Terre Haute, Ind.	31:28.60
Tyron Alston	Sr.	UNC Greensboro	11/15/2013	NCAA Regional - Charlottesville, Va.	32:46.40
Joshua Crawford	So.	UNC Greensboro	11/15/2013	NCAA Regional - Charlottesville, Va.	33:33.30
Brandon Cain	Jr.	UNC Greensboro	11/15/2013	NCAA Regional - Charlottesville, Va.	34:09.70

\*\* No longer on team